

BELLEVUE

HOTEL / LOŠINJ





SPA MENU





SPA CLINIC

TRANSFORMATIONAL RESULTS WITH A GLAMOROUS TWIST

It is no surprise that Čikat means “waiting”, you have been waiting for these gin-clear sapphire waters for a long time. Their curative treasure chest of minerals and plankton bring nature’s remedies to your beauty and wellness regime at the Bellevue Spa Clinic, our uber-chic, high-tech haven, just steps from the sea.

That largesse from the sea is a gift, ideal for detox and revitalisation from which Bellevue Spa Clinic draws inspiration. After all, water symbolises rebirth and fluidity, states of being which feel more than possible here.

We cater to people in the know like you, those who demand the most discriminating, cutting-edge, results-driven therapies, not to mention feel-good rituals, all in our stylish setting.

You are here for detox while your partner is set on re-energising.

No matter, this exceptional oasis, complete with onyx walls, chromotherapy, hydrotherapy, cryotherapy, elite trainers and meditation nooks caters to both of you in so many ways. You can even spa with Love on the Rocks, a treatment pour deux in our private suite.

Ready? We are waiting for you.



SYNERGISED WELLNESS

Perfect treatment companions come together for targeted effects

THE CRYO-TRIO

80 min

Cryotherapy + Bodywork + Elixir

CryoSports

Sports Massage + Full Body Cryotherapy
+ Amino Elixir

Pain-relieving. Deep muscle regeneration.
Purge lactic acid.

*Perfect after intense training

CryoMorning-After

CBD Massage + Full Body Cryotherapy
+ VitaminHydration Elixir

Flush toxins. Revive senses. Release
endorphins.

*Perfect after a bit of over indulging.

CryoSlim

Detox Massage + Full Body Cryotherapy
+ Ultimate Clean Elixir

Eliminate fat cells. Burn calories.
Stimulate skin collagen.

*Perfect when looking to downsize

THE PRE-PARTY

80 min

HydraFacial Classic + Sea Mineral Body
Glow + Colour on the go

The fastest route to looking fabulous.
Instantly glowing face and body, expertly
finished nails.

*Perfect before an evening out.

LOVE ON THE ROCKS

110 min

Private Spa Suite with steam
and sauna for 2 + Onyx Stone Massage
+ Bottle of bubbles and berries

For the sophisticated couple who demand
the best in privacy and style. Unwind in the
steam room and sauna and melt together
with a side-by-side Onyx Stone massage,
all between sips and nibbles of bubbles
and berries.

MAGNESIUM SEA-TOX

110 min

Sea Mineral Body Scrub + Lymph Drainage
Massage+ Magnesium Soak + Seaweed
Slim Wrap & Scalp Treatment

Algae, sea salts, magnesium and essential
oils are customised table-side for
transformative cellular purification and
remineralisation of the skin, tissues, and
organs.

*Perfect for slimming, detoxing, remineralising





ENERGISED ORGANIC WELLNESS



ISUN

Cult green-beauty brand ISUN is 100% organic, 100% wildcrafted, multi-award-winning artesian skincare powered by plants and gemstones.

CRYSTAL ENERGY FACIAL

50 / 80 min

BY ISUN

There's something inexplicable about this treatment. Like food for the skin, ISUN's bio-active ingredients are literally alive and active to deeply wake-up the skin. A mini-shirodhara centres the mind while crystal wands work facial pressure points and a weighted rose quartz mask taps into the deeper energetic levels of skin cell energy leaving your skin as if lit from within.

*Perfect for dull lacklustre skin

CRYSTAL ENERGY MASSAGE

50 / 80 min

BY ISUN

Rose Quartz, Garnet, Carnelian, and Amethyst crystals synergise with sound healing and gem infused herbal oils for this intense chakra-specific massage to stabilise energetic imbalances and release deep rooted tension.

*Excellent for those emotionally depleted

CBD SOUL TONIC

BY ISUN

110 min

CBD is a chemical compound found in the cannabis plant proven to reduce inflammation, relieve pain, temper anxiety, and promote sleep. Feel calm, cool, and collected from head to toe beginning with an ocean floor silica crystals, rosemary, and sage scrub. Baby fresh skin is lavished with 99.9% pure CBD isolate oil steeped with Arnica and Blue Tansy. For a cocooned wrap we finish with Lapis Lasuli gem-infused oil and cooling Lapis Lasuli massage stones and a harmonising sound bath.

*Perfect for those looking for nirvana





HIGH-TECH WELLNESS

CRYOSAUNA SOLO

Sub-zero multi-benefit superhero

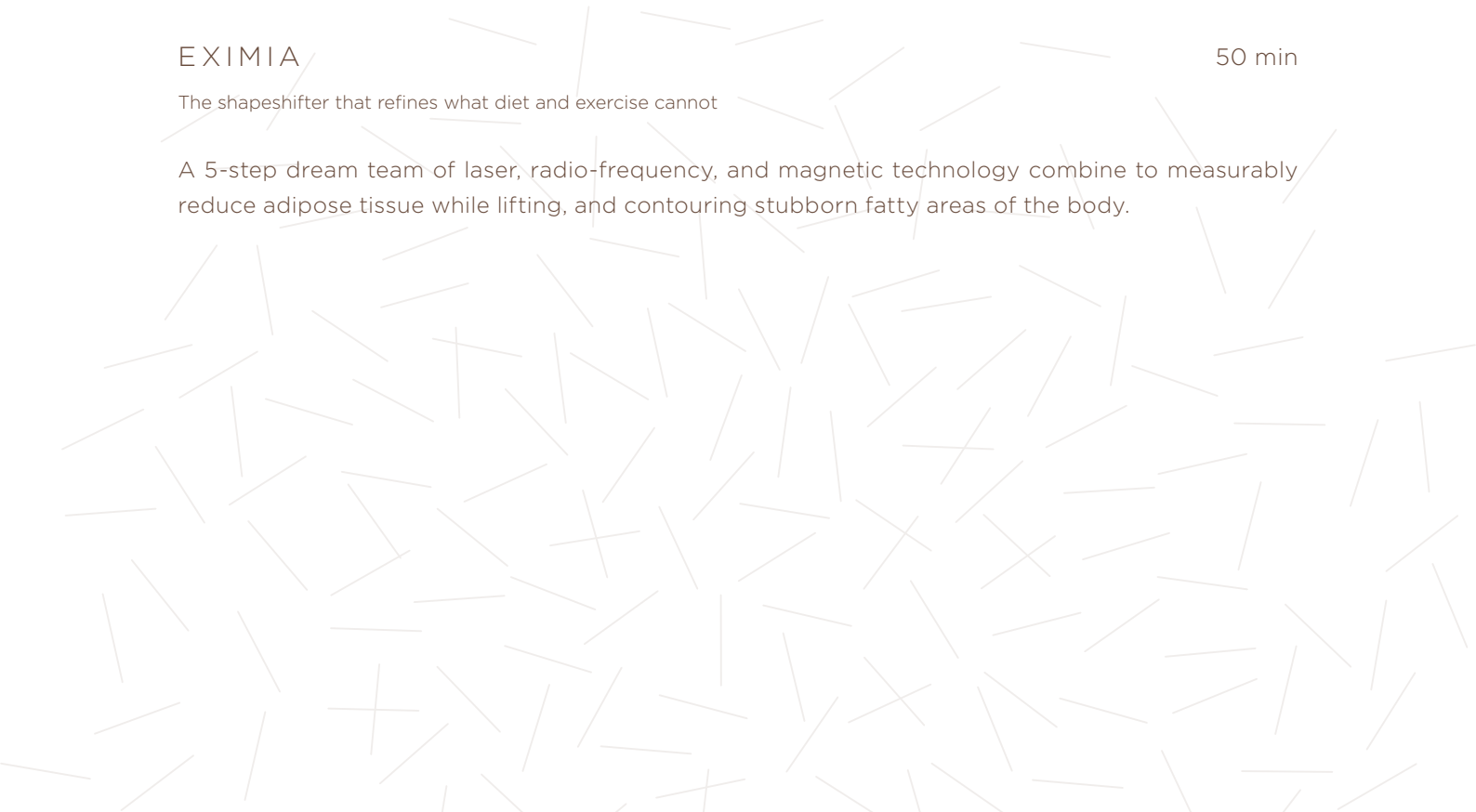
Full body exposure to subzero temperatures activates several physiological mechanisms in the body. Just 3-5 minutes in the cryo chamber stimulates cellular rejuvenation from within, activates the metabolism, relieves pain and inflammation, burns up to 800 calories, boosts the immune system, increases skin collagen production, and regulates sleep patterns... that is just to name a few.

EXIMIA

50 min

The shapeshifter that refines what diet and exercise cannot

A 5-step dream team of laser, radio-frequency, and magnetic technology combine to measurably reduce adipose tissue while lifting, and contouring stubborn fatty areas of the body.



PLATELET-RICH PLASMA (PRP)

60 min

Yes. We have the Vampire Facial. Regenerates baby fresh cells.

Your own plasma, extracted from a simple blood draw, is injected into the deeper dermal layers. The unique high concentration of growth factors in plasma stimulate cell renewal and regeneration resulting in an amazing glow with minimal downtime.

ULTHERAPY

Time Varies

Hands down the best treatment for facial tightening and lifting.

Ultherapy employs high-intensity microfocused ultrasound to stimulate the deeper structural support layers of the skin. As the lower dermis reacts and repairs, cells produce new collagen and elastin lifting and tightening in one just one session.

Full face + Upper face Lower face Eye area
Lower face + Full Neck Neck + Chin Area



The background features a series of overlapping, light gray, semi-circular arcs that create a sense of depth and movement. Overlaid on these arcs is a faint, light gray grid pattern, which adds a structured, geometric element to the overall design.

SPA CLASSICS



Through its highly personalised clinical approach, razor-sharp Skin Instant Lab analysis, and use of highly-concentrated actives, the cult French beauty brand Biologique Recherche lives up to its reputation for astounding results.

FACIALS

CREME DE LA CREME

80 min

BY BIOLOGIQUE RECHERCHE

This ultra-luxe age-defying treatment targets the face, neck and décolleté producing a more refined, plumped and lifted result. Highly concentrated boosters elevate this treatment and when combined with manual lifting techniques, supreme exfoliation, repairing and toning methods leave jaw-dropping effects.

*Anti-ageing, firming, lifting

THE REBALANCER

50 / 80 min

BY BIOLOGIQUE RECHERCHE

Here we examine the particular concerns of your skin curating a session aimed to restore balance and returning a natural lustre. Intensify the effects to include a deluxe module. (90 minutes)

*For Hyperpigmentation, acne, or problematic skin

CRYO-GLOW

50 min

BY BIOLOGIQUE RECHERCHE

Subside sensitivity, soothe inflammation and strengthen the integrity of the epidermis in this treatment using a potent calming cocktail of botanicals and steel 'ice' wands to achieve a radiant glow, tighten pores, and reduce puffiness.

*For sensitive, reactive, or sun exposed skin

SOIN HYDRÉCLAT

50 min

BY BIOLOGIQUE RECHERCHE

Targeted to illuminate the duller of skins using PIGM400 range and brightening serum, Oligo protein Marines to tighten the pores and give the skin an ultra hydrated glow.

*Brightening, Rejuvenating, Moisturising

HYDRAFACIAL

30 / 50 min

The saviour treatment the world is obsessed with!

This 3-phase medical grade facial is the latest advancement in non-laser resurfacing treatments. Hydro-dermabrasion removes top layers of skin, vacuum extractions clear pores while vitamin and enzymes serums are pressure-infused into the deeper dermal layers.

BODY THERAPY

SEA-TOX MASSAGE

50 / 80 min

Detox massage is taken to a new level. Vigorous and repetitive strokes employing the use of hands and specialised rollers break down cutaneous tissue and fibrous cellulite in this targeted massage to encourage the process of toxin elimination. Employing the power of sea plant extract and magnesium the body is encouraged to energise the lymphatic system thus cleansing, flushing, and oxygenating the muscles and tissues and dramatically reducing water retention.

- Our advanced detox 80 minute session includes drainage with cupping.

*Perfect for those cleansing, or to assist in fluid drainage

THE FLOATING MASSAGE

50 min

This 'swim-in-the-sea' massage takes place upon a specially designed aqua-cushion that perfectly cradles and supports your body creating the ideal environment for surprising depth of pressure. Mimicking the rhythm and fluidity of gentle waves, your body is lulled into a state of deep relaxation whilst floating on a cloud of warm water. The nature of the cushion and position of the body allows the muscles and tendons to be manipulated from every angle, giving the therapist greater ability to employ intensity through one's own body weight.

*This experience is ideally suited for those with deep-seated muscular tension, energetic stubbornness, and difficulty in relaxing.

BRAIN BODY STRETCH

60 min

Think Sports massage meets Thai massage. An intense total stress and fatigue release treatment working with the muscles and myofascial tissue. This full body massage includes deep stretching and kneading, myofascial release, trigger point therapy, joint manipulation, breath work and is taken to the next level with a profoundly powerful toning of the vagus nerve with eye relaxation exercises.

*Excellent for athletes to reduce recovery time or those feeling the effects of a high-stress lifestyle that have manifested in the body.

THE TIDES FIXER

80 min

For the treatment and prevention of cellulite, this treatment is a targeted detox blast to the upper legs, bum, hips and lower back. Invigorating massage, exfoliation, cupping, cold therapy and a warmed wrap help to loosen the upper layers of tissue allowing maximum lymphatic flow and circulation stimulating the release of toxins and wastes and reducing fluid retention.

THE CLASSIC VUE

30 / 50 / 80 min

A classic individualised massage experience tailored to your specific needs and preferences. Choose what areas you would like focused on. Choose your aromatherapy. Choose your massage style.

SPORTS RECOVERY

50 min

A powerful massage using a combination of deep, penetrating strokes, kneading, and lighter sweeping strokes. Together these techniques are particularly effective for reducing muscle stiffness, improving circulation and flushing lactic acids.

*Perfect after intense training

SEA MINERAL BODY GLOW

30 min

Exfoliate skin to glowing perfection with magnesium, sea salt and sea plant extracts. Finished off with an invigorating application of Ocean Skin Food body oil.

*With or without golden shimmer

HYDRO - CURES

30 min

The Latin; Sanitas per Aqua literally means “health through water” and is the origin of the term S.P.A! Shamans, wisemen and physicians alike have touted the multitude of benefits from, yes, just taking a bath! Enhance your treatment with a 30 minute liquid cure from The Tides

- Sea-Tox - purify and detoxify with seaweed and cypress
- Dream Catcher - chill and remineralise with magnesium and lavender
- After Class - soothe and recover with pine and eucalyptus
- Energy Booster - revitalise and fortify with chlorella and sea fennel

KURE BAZAAR

“The Good Nail Philosophy”

Eco-ethics meets Paris fashion colours in Kure Bazaar’s vibrant new generation of nail care. Its 90% natural formulation ensures the health of the nail without compromising durability or shine... finally!

SPA MANICURE

45 min

An exfoliation of the hands, cleaning of the cuticles, file, shaping and flawless polish.

SPA PEDICURE

60 min

A soak in our Bellevue Detox Blend invigorates tired feet. Dry skin is removed, nails cut and cleaned, a penetrating moisture balm massage with flawless polish.

EXPRESS POLISH CHANGE

30 min

When your are short on time, we file, shape, and buff nails finished with classic polish.

***Permanent polish services are available. Please enquire.





TRANSFORMATIONAL
PROGRAMMES

HELLO RESULTS

Sequestered from the demands of daily life, our immersive residential programmes are the most effective way to reset your health and achieve incredible results.

SEA-TOX

3 / 7 / 14 days

Complete Internal Cleanse. Healthy-Gut Reset.
Intense Mental Clarity. Gently Restore.

- Wellness snapshot
 - SECA mBCA analysis
 - The Vue signature diet based on detoxifying, anti-inflammatory, alkalising, and anti-glycating nutrient dense foods
 - Supplements and daily elixirs
 - Daily wellness treatments
 - Daily physical and mindful fitness schedule
 - Extreme cold therapy
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STRONG & LEAN

5 / 7 / 14 days

Shift BMI. Transform Your Shape. Lose Unwanted Weight.
Optimise Performance.

- SECA mBCA analysis
- Muscle conversion centric protein-rich diet based on your reshaping goals
- Daily intensive weight training, fresh-air fitness, HiTT and flexibility training
- Sport and physio- supported wellness treatments
- Supplements and daily elixirs
- Extreme cold therapy

FOUNTAIN OF YOUTH

5 / 7 days

Facial Rejuvenation. Body Rejuvenation.
Lose Inches. Reduce signs of ageing.

- Regenerating diet based on phyto-dense, antioxidant, anti- inflammatory foods
- 'Food for the Skin' supplements and daily elixirs
- Ultherapy
- Exemia Body
- Beauty-focused wellness treatments
- Sleep science wellness treatments

**Advanced medical aesthetic programmes upon request





POWER PLAYS

FITNESS

Reenergise, push your boundaries, or simply move in a new way, whatever your fitness goal, our top-in-class equipment and expertise can help you achieve it.

- | | |
|-----------------------|-----------------------|
| • Yoga Pilates | 60 min solo duo |
| • Personal Training | 45 min solo duo |
| • Mind / Body Fitness | 45 min solo duo |
| • Swimming lessons | 30 min 1 5 sessions |

*Check our daily schedule of signature fitness activities including seaside nordic walks, yoga, pilates, mind-body activities

NUTRITION

Nutrition Consultation + plan

45 min consult | 15 min plan follow up

DIAGNOSTIC

SECA mBCA

Body composition analysis of BMI / BMA

45 min

Wellness Snapshot

A great place to start. Get a complete picture of your health at this very moment with our medical internist.

60 min

- Full medical examination
- Diagnostic blood work
(lipid panel, enzyme markers, thyroid panel, CBC, metabolic panel, kidney function)
- Hormone profile
- EKG



SPA GUIDELINES

Enjoy a full range of amenities when booking a spa treatment, including a robe, slippers and private changing area. In consideration of other guests we ask that all mobile phones be turned off while at the spa.

Our spa, thermal zone and pool areas are non-smoking facilities.
Our prices are subject to change without prior notification.

FACILITY USAGE

All resident guests enjoy complimentary use of the spa facilities during designated hours.

AGE REQUIRED

Our guests must be 16 years old or older to enjoy spa treatments. Children 14 years or older may enjoy certain treatments with their parent's consent.

CANCELLATION POLICY

As a courtesy to other guests and our therapists, please give us 8 hours' notice if you must cancel or change any treatments. Without this notification you will be charged in full.

GRATUITIES

In appreciation of outstanding service, gratuities may be given at your discretion.

RESERVATIONS

Advance reservations are recommended to ensure your preferred booking time and avoid disappointment. From within the hotel, press the Spa image button. Or contact us +385 (0) 51 679 050, bellevue.spaclinic@losinj-hotels.com

CHECK-IN

Please check-in at the Spa Reception Desk at least 15 minutes prior to your first appointment. For comfort, we invite you to wear your guest room robe. We regret that late arrivals will not receive an extension of scheduled treatment time.

GIFT CERTIFICATES

An experience at our spa would make a wonderful gift for any special occasion. Please enquire with our spa reception for details and purchase.

BELLEVUE

HOTEL / LOŠINJ

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